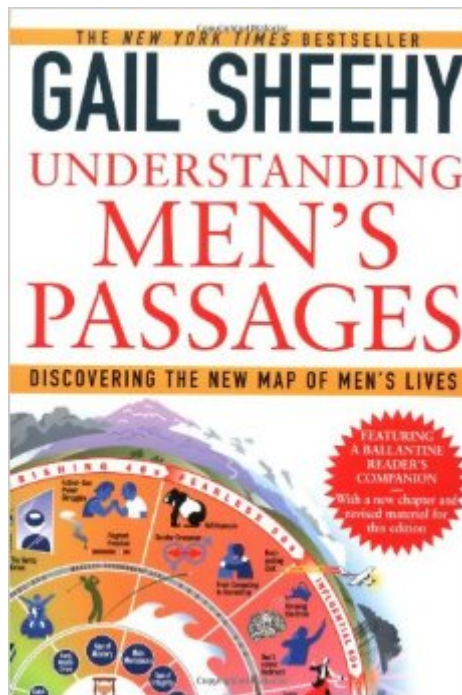


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# Understanding Men's Passages: Discovering The New Map Of Men's Lives



## Synopsis

Her stunning bestsellers *Passages* and *New Passages* brilliantly mapped the changes we live through from youth to maturity. Now Gail Sheehy guides contemporary men through the turbulent challenges and surprising pleasures that begin at forty. As a man crosses that threshold, he is bound to ask midlife's most troubling question: Now what? Work anxieties, concerns over sexual potency, marital and family stress, issues of power, all take on new urgency as men contemplate the decades ahead. But as Gail Sheehy reveals in this major new book, midlife is precisely the period when men are most likely to reinvent themselves and become masters of their fate. In *Understanding Men's Passages*, Sheehy offers all men--and the women in their lives--an essential guide to self-discovery. Hundreds of bold, imaginative men--celebrities as well as everyday heroes--share here their most intimate desires, deepest fears, and most fervent cravings for renewal. Decade by decade, Sheehy uncovers the real issues facing men today: finding new passion and purpose to invigorate the second half of their lives, dealing with "menopause," surviving job change, enjoying post-nesting zest, defeating depression, and learning what keeps a man young. Informative and inspiring, grounded in fact and full of fascinating life stories, *Understanding Men's Passages* is a landmark that will take its place beside Gail Sheehy's epoch-making *Passages* and *New Passages*.

## Book Information

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## Customer Reviews

From Webster's New Collegiate Dictionary: truth: the body of real things, events, and

facts.propaganda: ideas, facts, or allegations spread to further one's cause or to damage an opposing cause.I had heard some positive comments about Sheehy's book and being a 44 year-old man, was anxious to read it. While her chronicling of men's feelings are accurate, her "solutions" are lacking.Whenever I read the book, I found myself depressed (even my wife noted that.) I finally realized that Sheehy's advice was really feminist, humanist ideology in a subtle disguise. In her view, the way for us men to successfully navigate our passages and transform ourselves is to accept the hard-core feminist agenda and to throw off the shackles of established religions. Of course she does not state that outright, but the images she paints in her book are of hapless men struggling in a society where women are gaining more prominence. If we don't accept the fact that men are losing power, we will not be transformed.The real issue with which men are struggling is not about losing power, but losing respect. Men are criticized at every turn by women; discrimination against men is not only tolerated but is policy in many corporations; women make disparaging remarks about men in the workplace -- the type of remarks that would be offensive if they were made about women or a minority group.I said that Sheehy's promotion of feminist ideology was subtle -- subtle until she launched her attack on Bill McCartney and the Promise Keepers. I attended two of the large rallies upon the invitation of a good friend and found the movement contrary to my Roman Catholic sensibilities.

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